

### WHAT IS CARE MANAGEMENT?

MiKids Pediatrics provides a special type of service called Care Management. We connect you and your child with services to help you improve your health and stay as healthy as possible. Our services begin with a team learning about the needs that affect your child's physical and mental health. This can be done in the MiKids office or by phone.

Once the Care Management Team identifies your needs, we will work with you to set goals and make plans to meet them. The goals you have for your child's health are an important part of the plan.

### OUR FOCUS IS YOU

Our Care Management Team's priorities are to help you:

- Improve your health and quality of life.
- Take care of your long-term health concerns and conditions.
- Work closely with your primary care doctor and other specialists.
- Find community resources needed by you and your family.

### WHAT WE DO

Our Care Management Team works closely with your provider. This helps us to:

- Work with you to help you understand and participate in your plan of care.
- Set goals with you to improve your health.
- Review your medications to be sure you know how to take them correctly.
- Ensure access to the correct medications.
- Follow up with you after a hospital admission or an emergency room visit.
- Help resolve any barriers to attending medical appointments.
- Provide you with tools, resources, and support to help you manage your health.

### GETTING TO KNOW YOUR CARE MANAGEMENT TEAM

Your Care Management Team includes you and:

- Your Provider
- Care Managers (Nurses)
- Pharmacists
- Mental Health Specialists
- Other Healthcare Specialists

### WHO WE SERVE

Care Management can be a covered benefit for some insurances. If you have any questions about your benefit, contact your health insurance provider.